

## DESCRIPTION AND PURPOSE OF THE CORE CLINICAL SERVICE GUIDE

The **Core Clinical Service Guide** contains clinical protocols for local health department (LHD) nurses that have been identified as Core Public Health Services by the Kentucky Department for Public Health (DPH). The purpose of this document is to clearly identify minimum program/grant requirements and provide information that will support LHD operation.

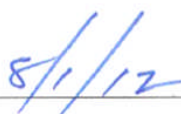
This reference contains guidelines and protocols for LHD to use in providing services. Each section is divided into two categories: clinical protocol for a LHD nurse and information required for LHD patient case management. In addition to these guidelines, nurses providing WIC services will follow all the federally approved WIC guidelines, policies and procedures in the WIC and Nutrition Services Manual and the Administrative Reference for WIC services.

These guidelines and protocols represent levels of care considered appropriate for staff at LHDs and are intended to be used without modification, unless a higher level of care is desired and supported at the local level. It is the responsibility of local staff, as appropriate, to develop additional guidelines and protocols that are desired at the local level. The Core Clinical Service Guide is not all-inclusive and does not supersede professional judgment, or the Kentucky Nurse Practice Act.

See:

1. [KRS.314.011\(8\); 314.042\(8\); and 201 KAR 20:057](#) for Kentucky Nursing Practice
2. [KY Board of Nursing – Scope of Practice Determination Guidelines](#)
3. [KBN Advisory Opinion Statement #15 – Role of Nurses in the Supervision and Delegation of Nursing Acts to Unlicensed Personnel](#)
4. [KBN Advisory Opinion Statement #14 – Roles of Nurses in the Implementation of Patient Care Orders](#)

  
\_\_\_\_\_  
Acting Commissioner, KY Department for Public Health

  
\_\_\_\_\_  
Date

\_\_\_\_\_  
Local Medical Director Signature

\_\_\_\_\_  
Date

### **FAMILY PLANNING STANDING ORDERS:**

*Physical Exam Deferral:*

Provide three month supply of current method, Ortho Evra® Patch, NuvaRing® or the following oral contraceptives:

\_\_\_\_\_  
Initial Date

*Approved ECP method and dosing:*

\_\_\_\_\_  
Initial Date

The intent of the clinical guidelines and protocols is to serve as a reference in the areas of adult and pediatric public health clinical practice. These guidelines and protocols are based on acceptable standards of care endorsed by, but not limited to the following:

| Name  | Website  |
|---|--|
| American Academy of Pediatric Dentistry                   | <a href="http://www.aapd.org">www.aapd.org</a>                   |
| American Academy of Pediatrics                            | <a href="http://www.aap.org">www.aap.org</a>                     |
| American Cancer Society                                   | <a href="http://www.cancer.org">www.cancer.org</a>               |
| American College of Nurse-Midwives                        | <a href="http://www.acnm.org">www.acnm.org</a>                   |
| American College of Obstetrics and Gynecology             | <a href="http://www.acog.org">www.acog.org</a>                   |
| American Diabetes Association                             | <a href="http://www.diabetes.org">www.diabetes.org</a>           |
| American Dietetic Association                             | <a href="http://www.eatright.org">www.eatright.org</a>           |
| American Heart Association                                | <a href="http://www.americanheart.org">www.americanheart.org</a> |
| American Lung Association                                 | <a href="http://www.lungusa.org">www.lungusa.org</a>             |
| American Medical Association                              | <a href="http://www.ama-assn.org">www.ama-assn.org</a>           |
| American Nurses Association                               | <a href="http://www.nursingworld.org">www.nursingworld.org</a>   |
| Centers for Disease Control and Prevention                | <a href="http://www.cdc.gov">www.cdc.gov</a>                     |
| March of Dimes Birth Defects Foundation                   | <a href="http://www.marchofdimes.com">www.marchofdimes.com</a>   |
| National Breast & Cervical Cancer Early Detection Program | <a href="http://www.cdc.gov/cancer/">www.cdc.gov/cancer/</a>     |

Other helpful web sites and resources are:

| Name  | Website  |
|---|--|
| Advisory Committee on Immunization Practices (ACIP)     | <a href="http://www.cdc.gov/vaccines/recs/ACIP">www.cdc.gov/vaccines/recs/ACIP</a>                                       |
| American Dental Association                             | <a href="http://www.ada.org">www.ada.org</a>   |
| American Public Health Organization                     | <a href="http://www.apha.org">www.apha.org</a>   |
| Arthritis Foundation                                    | <a href="http://www.arthritis.org">www.arthritis.org</a>   |
| Association of State & Territorial Health Organizations | <a href="http://www.astho.org">www.astho.org</a>   |
| Dept. for Health and Human Services                     | <a href="http://www.os.dhhs.gov/">www.os.dhhs.gov/</a>   |
| Department for Public Health Website                    | <a href="http://chfs.ky.gov/dph/">http://chfs.ky.gov/dph/</a>  |
| Disease Links   | <a href="http://www.nursing-links.com/diseases/">www.nursing-links.com/diseases/</a>                                     |
| Environmental Protection Agency                         | <a href="http://www.epa.gov/enviro">www.epa.gov/enviro</a>   |
| First Candle/National SIDS Alliance                     | <a href="http://www.firstcandle.org">www.firstcandle.org</a>   |
| Food & Drug Administration (FDA)                        | <a href="http://www.fda.gov">www.fda.gov</a>   |
| Healthfinder  | <a href="http://www.healthfinder.gov">www.healthfinder.gov</a>   |
| Immunization Action Coalition                           | <a href="http://www.immunize.org/">http://www.immunize.org/</a>  |
| Internet Drug List                                      | <a href="http://www.rxlist.com">www.rxlist.com</a>   |
| Johns Hopkins Medical Library                           | <a href="http://www.welch.jhu.edu/">www.welch.jhu.edu/</a>   |
| Kids Health   | <a href="http://kidshealth.org">http://kidshealth.org</a>  |
| KY Board of Nursing                                     | <a href="http://www.kbn.ky.gov">www.kbn.ky.gov</a>   |
| March of Dimes  | <a href="http://www.marchofdimes.com/">www.marchofdimes.com/</a>   |
| Mayo Clinic   | <a href="http://www.mayohealth.org">www.mayohealth.org</a>   |
| Medicine Net  | <a href="http://www.medicinenet.com">www.medicinenet.com</a>   |
| Medline Plus Newborn Screening                          | <a href="http://www.nlm.nih.gov/medlineplus/newbornscreening.html">www.nlm.nih.gov/medlineplus/newbornscreening.html</a> |
| Morbidity and Mortality Weekly Report (MMWR)            | <a href="http://www.cdc.gov/mmwr/">www.cdc.gov/mmwr/</a>   |
| National Breast Cancer Foundation                       | <a href="http://www.nationalbreastcancer.org">www.nationalbreastcancer.org</a>   |
| National Cancer Institute (NCI)                         | <a href="http://www.nci.nih.gov">www.nci.nih.gov</a>   |
| National Center for Infectious Diseases                 | <a href="http://www.cdc.gov/ncidod/">www.cdc.gov/ncidod/</a>   |
| National Institutes of Health (NIH)                     | <a href="http://www.nih.gov">www.nih.gov</a>   |
| National Library of Medicine                            | <a href="http://www.nlm.nih.gov">www.nlm.nih.gov</a>   |
| National Newborn Screening & Genetics Resource          | <a href="http://genes-r-us.uthscsa.edu/">http://genes-r-us.uthscsa.edu/</a>  |

| <b>Name</b>  | <b>Website</b>   |
|--|--|
| National Organization for Rare Disorders           | <a href="http://www.rarediseases.org/">www.rarediseases.org/</a>                     |
| Occupational Safety & Health Administration (OSHA) | <a href="http://www.osha.gov">www.osha.gov</a>                                       |
| Physicians' Desk Reference (PDR)                   | <a href="http://www.pdr.net">www.pdr.net</a>   |
| Proper Disposal of Prescription Drugs              | <a href="http://www.whitehouse.gov/ondcp">http://www.whitehouse.gov/ondcp</a>        |
| Save Babies Through Screening Foundation           | <a href="http://www.savebabies.org/">www.savebabies.org/</a>                         |
| Tabers Online                                      | <a href="http://www.tabers.com">www.tabers.com</a>                                   |
| UK Medical Center Library                          | <a href="http://www.mc.uky.edu/MedLibrary">www.mc.uky.edu/MedLibrary</a>             |
| Vaccines for Foreign Travel                        | <a href="http://www.cdc.gov/travel/default.aspx">www.cdc.gov/travel/default.aspx</a> |
| World Health Organization (WHO)                    | <a href="http://www.who.int">www.who.int</a>   |